

## **About Ohlone Daily Life**

Thank you for your interest in the Peralta Hacienda Historical Park.

The **Ohlone Daily Life** program is a 3 hour fieldtrip that immerses your students in the daily lives of the Bay Area's first known neighbors. The students hear a short introduction that familiarizes them with Ohlone culture, history, and modern life; as well as what they will do during their visit. (20mins.)

We then break into 2 groups. The groups take turns having a short tour of an outdoor exhibit (an exercise designed to get them talking about the topic) while the other group has a snack & restroom break. While the students are having their breaks and tours, we train the chaperones to run the various activities. (30 mins.)

After that we break into 4 groups and start the stations which include:

- **Ohlone Music & Games:** where they use clapper sticks to play and sing a long with Ohlone music before they play the stave dice game, Trawlik and the hunting game Tekersia.
- **Changing Foodways:** where they see pictures of plants and animals that made up the finely varied seasonal diet of the Ohlone people. They will also hear about how food changed in the Missions and on the Rancho, and see examples of the new foods that were added as old ones were lost. Students will use a mortar and smooth river stone to grind Chia and Sunflower seeds to make and eat their own Ohlone seed cake.
- **Use of the Deer:** where they see and touch many examples of the astonishingly thorough way that the Ohlone made use of the Deer. This touchable collection includes a deer hide, deer leather, sinew, rattling antlers, pressure flake antler tips, bone awls, hoof rattles, a scapula saw, and more. Students will make a small necklace pouch out of deer hide using needles, string, and awls.
- **Industry & Trade:** where they see Native trade objects and learn about the extent of Native trade routes associated with the Bay Area Native peoples to show the Ohlone place in the wide web of Native exchange. Students will examine trade resources such as clam shell strings, abalone shells, and obsidian and learn their uses in the Native technology. Students will use sandstone to grind a hard shell pine nut into a bead, then twist natural fibers into a simple string to make their own bracelet.

After that we come together for a quick wrap-up, and then it's on to lunch.

The program is offered on a sliding scale to accommodate as many Bay Area school children as possible. The scale runs from \$10-15.

In order to do this program you must bring 6-8 chaperones, ready to work. Please do not bring more than 10. We strongly suggest that you bring a camera to take pictures of the students in their activities. The program runs from 9:30 am to 12:30 pm Tues-Thursday. We can take up to 32 students per session.

**For Info or Booking:** [wells@peraltahacienda.org](mailto:wells@peraltahacienda.org) or call (510)532-9142